Prayer to Bring About Only the Good

BY MASAHARU TANIGUCHI

I WAS BORN in a physical form for God to manifest Himself in this world. Therefore, my physical body is not merely matter but the very embodiment of God's life. It is innately perfect, healthy, and happy, so I never complain about sickness, poor health, or unhappiness. To think and utter bad thoughts is to make ill use of the creative power of the Word. Now I have completely discarded my negative thinking as well as my inferiority complex. Not a single bad thing has happened to me. I have never been sick. I have never encountered disaster. I have never been poor. That I think I have experienced sickness, misfortune, or poverty in the past is only a dream. What happens in the phenomenal world is only a dream. In the True-Image World, I am always healthy, wealthy, and perfect, and all good things are provided for me without exception.

From this day on, I can command even the material world at will. Since a dream is the manifestation of my thoughts, the phenomenal world, too, is the manifestation of my thoughts. Therefore, it goes without saying that by controlling my thoughts, I can command what takes place in the phenomenal world.

God abounds in the universe as Law. The Law does not discriminate. God never forces His will on His children. Water is never produced unless hydrogen and oxygen are combined. Likewise, unless I hold thoughts of sickness, imperfection, or misfortune, the Law can never bring anything bad into my life. All that is pictured in my mind will be manifested in the phenomenal world, while all that is denied in my mind will disappear. That is the Law.

Henceforth, I will think only of the perfection of my True Image. I will tell myself, "As I am God's child, I am good, perfect, healthy, wealthy, fortunate, and always progressing. Moreover, everyone in my family loves each other and lives a heavenly life." I will hold only good thoughts in my mind, and as a result of this positive thinking, only goodness will come into my life. I cannot be grateful enough to God for teaching me this Truth.

> —From *Shinri No Ginsho*, "Recitations of the Truth," pp. 121-124