Prayer to Bring Happiness to Everyone

BY MASAHARU TANIGUCHI

WE are children of God, so we are all one in God. Therefore, unless we work for the happiness of others, we ourselves cannot become happy. To a person who is one with God, there isn't anyone who is a stranger to him. Those appearing to be strangers are all merely part of himself.

A person feels happy when he sees others happy. Everyone has experienced a feeling of depression when someone in his family is depressed. This is because even though we physically appear to be separate individuals, we are all actually one in spirit. We can enjoy happiness only when we have done something to make others happy. The value of a person's life is dependent upon the degree to which he makes others happy. No matter how high a position he may hold, no matter how wealthy he may be, he cannot be considered successful in life unless he makes others happy.

A happy life begins with the determination to be kind and to do something nice for others at least once a day. Kindness is not diminished even if it is given to others. On the contrary, the more kindness is given to others, the more it is returned. When you lack kindness toward people, human relationships will become disharmonious. When you lack kindness toward things, their full potential will not be realized. When you lack kindness toward situations, your work will be less than perfect, and nothing will be accomplished.

Now that I have this Truth deeply impressed in my mind, I have decided to show kindness to other people, things, and situations, and to work for the welfare of all. I will do an act of kindness at least once a day.

The time may come when business in the material world will decline. The time may come when material wealth will diminish. However, giving kindness and love to others and hoping for their happiness will never perish. Do not envy the success of a competitor, for competition provides you with encouragement and spurs you on. A competitor is like a pump drawing out your ability.

Now that I know this Truth, I will walk each step of my life in harmony with everyone, with love, praise, and prayers in my heart. I will test the power of my love—to see how much love I can give others. I sincerely pray that everyone in the world may be happy, and I offer my thanks to God.

—From *Shinri No Ginsho*, "Recitations of the Truth," pp. 86-89