## Prayer to Be Emancipated

I AM A CHILD OF GOD. I am sustained by God's life within.

I am a child of God. His wisdom dwells within me and always guides me.

God's life is perfect and sound; therefore, I am sustained through His life that dwells within me. I never become sick or old. I am healthy and full of vitality and do good deeds every day.

"To be sustained" does not refer to the life in my physical body but the Grand Life of God permeating heaven and earth that is also dwelling within me and sustaining me. To be sustained means to deny that I am alive on my own power. Here and now, I am sustained by the magnificent life of God dwelling within me.

See, here! Now God's life is within me. This life of God is my true self. Therefore, I do not become sick, age, or die; I am eternally rejuvenated and continue to live on.

There is no death. When the time comes, like a crustacean discarding its shell, I will discard my physical body. However, this is not death. When I discard the shell of my physical self from the past, I will enter an even freer realm and will manifest the True Image that is God's life even more perfectly, attaining even greater spiritual advancement.

To a child of God, there is neither death nor regression. The phenomenon that appears as death is the

beginning of a new chapter in my life; it is the resurrection of the freedom that has been concealed, and the beginning of my new advancement.

A child of God is constantly guided by His wisdom. Since God's wisdom is constantly guiding me, all my physiological functions are harmonious and functioning perfectly, neither too much nor too little, and there is no disharmony. I always maintain my youthful health.

Since my every action is guided by God's wisdom in all aspects of my life, in every effort I make there is no failure or waste, and whatever I do is the right thing. All my actions bring joy to others. Many people love me, praise me, and even my business enterprise prospers naturally.

God is life, as well as the wisdom that guides the unfoldment of my life's actions. Since God is love, His wisdom will direct the movement of my life to perfect His love. Therefore, in whatever direction my life moves, I am guided by His wisdom, my love is perfected, and I am in harmony with my surroundings, bringing happiness to others. Wherever I go, there will always be the heavenly Pure Land.

—From Hikari No Izumi, "Fountain of Light," April 1972, pp. 28-29